

# 2017 Annual Report



Ver Friends.

It is with heartfelt gratitude that I greet you on behalf of re:MIND (formerly Depression and Bipolar Support Alliance Greater Houston). With our new name, strong presence in the community, and our remarkable expansion into middle and high schools, a new day has dawned for our organization.

YOU are the reason for this bright new day at re:MIND. Unlike many non-profits, re:MIND does not rely on government grants or pass-through funding. Instead, we rely on the generosity of the individuals, foundations, and corporations recognized in this report to serve nearly 3,000 individuals each year at 80 free support groups throughout our community. We simply could not exist without you.

At re:MIND, our goal is to provide free support groups that are facilitated by licensed mental health professionals and that improve the lives of individuals affected by depression and bipolar disorders. As our founder Gary Levering strongly believed, we also share the conviction that no one should make the journey through mental illness alone.

Supporting good mental health creates opportunities for all people to have productive and gratifying lives. Like you, the donors who are listed in this report truly recognize this principle and have made generous, meaningful gifts to re:MIND. Your donations ensure that our lifesaving support groups are available every week throughout our community.

As we welcome this new day, we thank you for your support and hope that you will continue on the shared path to mental wellness with us. No one should make the journey through mental illness alone.

Sincerely,

<sup>/</sup>Joe Gorczyca

2018 BOARD CHAIR



#### WHAT re:MIND MEANS TO ME:

re:MIND's impact on my recovery out of the deep, dark abyss I fell into a few years ago and its ongoing assistance in sustaining my mental health have given me my life back. Feeling what's in my heart is the only way to truly comprehend the depth of my gratitude.

re:MIND is where isolation ends. I know during the week that challenges I encounter can be brought to the support group where I will receive feedback on how other participants handled similar circumstances in their own lives, which will help me cope with mine in the future. Having a sanctuary of safety, understanding, and emotional support for individuals like me struggling with mental disorders is the most empowering and amazing gift we could ever hope to receive. When I leave the support group, I take with me all the camaraderie and emotional well-being of everyone there, giving me the courage to continue with confidence until the next group meeting.

I saw my first glimmer of light in a re:MIND support group; I felt a real smile inside. It took me off guard since I had felt so sad for such a long time. I remember very clearly thinking I want to feel that again. With the continued support of re:MIND, I now see much more light in my life than darkness. re:MIND saves lives every day, and I thank re:MIND with all my heart for saving mine.





2017 Annual Giving

We are very grateful for the support of the following donors.

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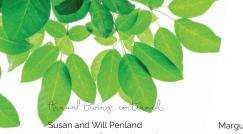
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re:MIND hosted its Sixth Annual Help...Hope...Healing Luncheon on September 26, 2017. This event helps to increase awareness of depression and bipolar disorders, engage people in an open conversation about mental health, and raise necessary operating funds for re:MIND's lifesaving support groups. During the luncheon, re:MIND launched its new name with over 350 guests in attendance. Under the gracious and enthusiastic leadership of luncheon co-chairs Elizabeth Jeffers and Marie Louise Kinder, re:MIND raised more than \$325,000.

re:MIND was pleased to honor The Robert and Janice McNair Foundation with the Gary Levering Mental Health Impact Award. This award is named for re:MIND's founder, Gary Levering, whose vision and outreach brought community awareness to depression and bipolar disorders. The award recognizes the significant impact the recipients are making in the mental health community of Greater Houston. The Robert and Janice McNair Foundation has made critical strides in diminishing the stigma of mental illness and increasing awareness of mental health through its important contributions to medical research, generous support of local mental health agencies, and McNair Scholars in mental health.

The luncheon included a very special mission moment presented by David Kinder, a member of the re:MIND Board of Directors. With deep sincerity and a tender heart, David recounted his upbringing along with the story of his mother's affliction with depression.

Featured guest speaker John Tesh also shared personal experiences that reflected his humor, honesty, and perseverance especially when working toward mental wellness. John expressed gratitude for his health, and vowed to continue the conversation about mental illness and how it can affect anyone regardless of status in society.



# We are very grateful for the generous support of the 2017 Help...Hope...Healing Luncheon Underwriters.

# Healing Touch \$15,000

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## Ray of Hope \$10,000

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Financial Onformation

# 2017 per Audited Financial Statements

## Source of Funds

January 1, 2017 through December 31, 2017

Special Event	\$325,610
Contributions	
Corporations	\$11,094
Foundations	\$713,715
Individuals	\$172,995
Friends of Drew Webb	\$34,744
Subtotal Contributions	\$932,549
Investments & Other	\$1,290
In-Kind Gifts	\$493,3391

#### TOTAL SOURCE OF FUNDS \$1,752,788

### Use of Funds

Personnel Staff	\$792,923
Program Facilitators	\$242,684
Contract Services	\$89,766
Additions to/(Subtractions	
from) Reserves	(\$171,709)
Rent & Facilities	\$77,474
Marketing, Printing &	
Postage	\$548,545
Insurance	\$6,924
Office Expenses	\$68,855
Volunteer Support	\$2,451
Education & Training	\$3,056
Fundraising	\$8,651
Special Event	\$83,166
TOTAL USE OF FUNDS	\$1,752,788





<sup>&</sup>lt;sup>1</sup> Includes In-Kind grant from Google, Inc.



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