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<th>Location</th>
<th>Group Type</th>
<th>Days</th>
<th>Time</th>
<th>Address</th>
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<tbody>
<tr>
<td>BARKER CYPRESS</td>
<td>Seniors</td>
<td>Monday</td>
<td>11:00am</td>
<td>15600 Pine Forest Lane, 77084</td>
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<tr>
<td>BRAESWOOD</td>
<td>Young Adult (ages 18-30)</td>
<td>Tuesday</td>
<td>6:00pm</td>
<td>14131 S. Braeswood, 77025</td>
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<td>BUNKER HILL</td>
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<td>JERSEY VILLAGE</td>
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<td>KATY</td>
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<td>KINGWOOD</td>
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<td>SUGAR LAND</td>
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<td>WESTCHASE</td>
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<td>THE WOODLANDS</td>
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| Free Support groups open to the Public - Complete Group List (Revised 08/07/2018)

**BARKER CYPRESS**
Seniors
Monday - 11:00am
Thomas A. Glazer Senior Education Center
15600 Pine Forest Lane, 77084
*(Room 1)*
*free senior center registration required*

**BRAESWOOD**
Braeswood
Monday - 7:00pm
Jewish Family Service
4131 S. Braeswood, 77025
*(First Floor Conference Room)*
* buzz for entry at gate and door*

**BUNKER HILL**
Pinney Point
Chapelwood UMC*
11140 Greenbay, 77024
*(William Bldg)*
Adult
Tuesday - 7:00pm
*Room 204*
Young Adult (ages 18-30)
Tuesday - 7:00pm
*Room 104*

**CLEAR LAKE**
Clear Lake
Webster Presbyterian Church
201 W. NASA Parkway, 77598
Adult
Thursday - 7:00pm
*(Boulton Building Library)*
Young Adult (Age 18-30)
Thursday - 7:00pm
*(Boulton Building Library)*
Family and Friends
Thursday - 7:00pm
*(Boulton Building Rm 101)*

**COPPERFIELD**
Copperfield
Tuesday - 7:00pm
West Houston Church of Christ
11010 West Rd., 77095
*(Library)*

**CYPRESS**
Cypress
Sunday - 6:00pm
Cypress Bible Church
11711 Cypress N. Houston, 77429,
*(Cabin B)*

**GALLERIA**
Galleria
The Hope & Healing Center (GPS Location)
5026 Riverway Dr., 77056
Family and Friends
Tuesday - 6:00pm
*(Room 104)*
*Focus on family and friends*

**HEIGHTS**
Heights
Thursday - 7:00pm
Renunciation Metropolitan Community Church
2525 W. 11th St., 77008
*(Second Floor Music Arts Room)*

**JERSEY VILLAGE**
Northwest
Wednesday - 7:00pm
Foundry UMC
8350 Jones Road, 77065
*(Scout Bldg, Room 201)*

**KATY**
Katy Adult
Tuesday - 7:00pm
St. Peters UMC*
20775 Kingsland Blvd, 77450
*(Sanctuary Bldg, Rm S-209)*

Cinco Ranch Daytime
Friday - 11:30am
UT Physicians - Cinco Ranch
23923 Cinco Ranch Blvd, 77494
*(Conference Room)*
*Park in restaurant lot*

**KINGWOOD**
Kingwood
Monday - 7:00pm
Kingwood UMC*
1799 Woodland Hills Dr, 77339,
*(Bldg C, RM E-208)*

**MEDICAL CENTER**
Medical Center
Monday - 7:00pm
St. Luke’s Presbyterian
8915 Timberside Dr, 77025 (Rm 123)
*Entrance @ Durhill*

**MONTROSE**
LGBT
401 Branard St., 77006
1st floor
LGBT Evening
Monday - 7:00pm
*(Room 112/113)*
*Must be LGBT friendly*

**MUSEUM DISTRICT**
Museum District
Wednesday - 7:00pm
P.E.E.R.S. for Hope House
5518 Jackson St. 77004

**PASADENA**
Pasadena
Wednesday - 7:00pm
Asbury UMC*
5384 Space Center Blvd. 77505,
*(Main Building, Room 2)*

**PEARLAND**
Pearland
Wednesday - 7:00pm
First UMC*, Pearland
2314 N. Grand Blvd., 77581
*(Bethel Building, Room 200)*

**RICHMOND**
Richmond
Tuesday - 7:00pm
First Baptist Church
502 South 5th Street, 77469
*(Parlor Room)*

**RIVER OAKS**
Adolescent Group
*ages 13-17*
Thursday - 7:00pm
Central Houston
*Must have prior approval*
*Call 713-600-1131*
*1 hr group*

**RE:MIND**
*Must be LGBT friendly*

**SUGAR LAND**
Sugar Land
Tuesday - 7:00pm
Christ Church Sugar Land
3300 Austin Pkwy, 77479
*(Family Life Ctr, RM 312)*

**WESTCHASE**
Westchase Daytime
Wednesday - 12:00pm
Tracy Gee Community Center
3599 Westcenter Dr., 77042
*(Room 110B)*

**THE WOODLANDS**
The Woodlands
Christ Church United Methodist
6363 Research Forest Drive, 77381

**The groups listed directly below are not open to the public. These groups are open only to those who are currently being served by these organizations.**

- Academy of Choice
- Chavez High School
- Covenant House Texas
- The Gathering Place
- Hastings High School
- Heights High School
- Kashmere High School
- Kay Middle School
- KIPP Connect
- KIPP Courage
- Lamar High School
- Milby High School
- Northbrook Middle School
- Sam Houston MSTC
- South Houston High School
- Spring Woods Middle School
- The Women’s Home
- Yes Prep Southside
- Waltrip High School
- Westchester Middle School
- Wheatley High School

**UMC* = United Methodist Church**

- All groups are 1.5 hours unless otherwise noted
- All groups are open to family and friends

**List of Support Groups**
Check remindersupport.org for the most up to date information or call the office at 713.500.1131 during business hours**