



DEPRESSION & BIPOLAR SUPPORT

www.remindsupport.org
713.600.1131



re:MIND Update

Letter from re:MIND Executive Director

Dear re:MIND supporters and participants,

In accordance with Governor Abbott's state reopening guidelines, re:MIND is developing a plan to resume our weekly community support groups. We ask your patience during this process as we work with each community group location to make sure our strategy aligns with the individual location and government requirements. Each community support group will be evaluated independently as it pertains to the timeline which it will reopen. Please continue to watch for email updates and check the [Group Announcements page](#) on the website for the most up to date information as we move forward. re:MIND employees will begin scattered schedules in the office in accordance with current guidelines in the next few weeks. Employees will continue to remain available to respond to emails and phone messages remotely during normal business hours when they are not physically in the office.

re:MIND online support groups are now available. Please visit www.remindsupport.org/online-support-groups for more information on signing up. Also be sure to check www.remindsupport.org for the most up to date group announcements and follow us on social media for the most current updates on our organization and mental health tools and resources. Links to re:MIND social media can be found here: [Facebook](#) [Twitter](#) [Instagram](#) [LinkedIn](#)

We appreciate your patience and support during this period of time. If you have any questions or concerns, please email info@remindsupport.org.

Thank you,

Jennifer Leal
Executive Director
re:MIND



