



Letter from re:MIND Executive Director

Dear re:MIND supporters and participants,

Supporting the mental health of our community is our top priority through this period, and as soon as it is deemed safe for our participants and staff, re:MIND will have our support groups back in session. **In accordance with recommendations from Harris County officials and local school districts, re:MIND support groups and the re:MIND office will remain closed through Thursday, April 30.** At that time, we will evaluate the recommendations and directions provided by the local government and school officials, as well as, whether our community locations are opening their doors again for us to resume groups. Our employees will continue to be available to respond to emails and phone messages remotely during normal business hours during this period of time.

Please be sure to check <http://www.remindsupport.org> for the most up to date group announcements and follow us on social media for the most current updates on our organization and mental health tools and resources. Links to re:MIND social media can be found here:

Facebook: <http://www.facebook.com/remindsupport>

Twitter: https://twitter.com/re_mindsupport

Instagram: <https://www.instagram.com/remindsupport/>

LinkedIn: <https://www.linkedin.com/company/4810608>

re:MIND is also rolling out a Facebook Live Series on various mental health topics over the next few weeks. We invite you to join us for these or watch the video content afterwards. Our licensed program staff will be available to answer any questions.

We appreciate your patience and support during this period of time. If you have any questions or concerns, please email info@remindsupport.org.

Thank you,

Jennifer Leal

Executive Director
re:MIND