



## re:MIND Update

### Letter from re:MIND Executive Director

Dear re:MIND supporters and participants,

Given current state reopening guidelines and support recommendations from the [CDC](https://www.cdc.gov), re:MIND in person support groups will unfortunately remain closed until June 30. We understand everyone's disappointment and are working as best as we can to reopen in a safe manner. We want to encourage you to sign up for an online support group session [www.remindsupport.org/online-support-groups](http://www.remindsupport.org/online-support-groups) so we can continue to meet your needs during this uncertain and challenging time for all of us. It continues to be our mission and goal to help support people across the Greater Houston area.

Please be sure to check [www.remindsupport.org](http://www.remindsupport.org) for the most up to date group announcements and follow us on social media for the most current updates on our organization and mental health tools and resources. Links to re:MIND social media can be found here: [Facebook](#) [Twitter](#) [Instagram](#) [LinkedIn](#)

We are evaluating each community support group independently as it pertains to the timeline which it will reopen. With social distancing requirements set forth by the CDC as well as state guidelines for our site locations, we are unfortunately limited in our decision making ability. Please continue to watch for email updates and check the [Group Announcements page](#) on the website for the most up to date information as we move forward. Employees continue to remain available to respond to emails and phone messages during normal business hours when they are not physically in the office.

We appreciate your patience and support during this period of time. If you have any questions or concerns, please email [info@remindsupport.org](mailto:info@remindsupport.org).

Thank you,

Jennifer Leal  
Executive Director

