

LIST OF re:MIND SUPPORT GROUPS

Free support groups open to the Public- Complete Group List (Revised 01/28/2020)

BARKER CYPRESS

Seniors

Monday– 11:00am

Thomas A. Glazier Senior Education Center

16600 Pine Forest Lane, 77084 (Room 1)

* Free senior center registration required

BUNKER HILL

Piney Point

Chapelwood UMC*

11140 Greenbay, 77024 (Williams Bldg.)

Adult

Tuesday- 7:00pm

(Room W204)

Young Adult

(Ages 18–30)

Tuesday- 7:00pm

(Room 104)

CLEAR LAKE

Clear Lake

Webster Presbyterian Church

201 W. NASA Parkway, 77598

Adult

Thursday– 7:00pm

(Bouton Building Library)

Family and Friends

Thursday– 7:00pm

(Bouton Building Rm 101)

*Focus on family and friends

COPPERFIELD

Copperfield

Tuesday- 7:00pm

West Houston Church of Christ

10100 West Rd., 77095

(Rooms Mt. Gerizim & Mt. Sinai)

CYPRESS

Cypress

Sunday– 6:00pm

Cypress Bible Church

11711 Cypress N. Houston, 77429,

(Cabin B 102)

GALLERIA

Galleria

The Hope & Healing Center

(GPS Location)

5025 Riverway Dr., 77056

Family and Friends

Tuesday– 6:00pm

(Room 104)

*Focus on family and friends

Galleria

Wednesday- 7:00pm

(Room 104)

HEIGHTS

Heights

Thursday– 7:00pm

Resurrection Metropolitan Community Church

2025 W. 11th St., 77008

(Bookstore)

JERSEY VILLAGE

Northwest

Wednesday– 7:00pm

Foundry UMC*

8350 Jones Road, 77065

(Scout Bldg., Room 201)

KATY

Katy Adult

Tuesday– 7:00pm

St. Peters UMC*

20775 Kingsland Blvd, 77450

(Sanctuary Bldg., Rm S-209)

KINGWOOD

Kingwood

Monday– 7:00pm

Kingwood UMC*

1799 Woodland Hills Dr.,

77339 (Bldg. C, Room E-208)

MEDICAL CENTER

Medical Center

Monday- 7:00pm

St. Luke's Presbyterian

8915 Timberside Dr, 77025 (Rm 123)

(Entrance @ Durhill)

MISSOURI CITY

Missouri City

Thursday– 7:00pm

First UMC*

3900 Lexington Blvd, 77459

(Chapel Parlor)

MONTROSE

LGBT

401 Branard St., 77006

(1st floor)

LGBT Evening

Monday- 7:00pm

(Rm 112/113)

*Must be LGBT friendly

LGBT Daytime

Thursday- 11:00am (Rm 113)

*Must be LGBT friendly

MUSEUM DISTRICT

Museum District

Wednesday-7:00pm

P.E.E.R.S. for Hope House

5518 Jackson St. 77004

(Upstairs Meeting Room)

*Free street parking

PASADENA

Pasadena

Wednesday– 7:00pm

Asbury UMC*

5354 Space Center Blvd. 77505,

(Cornerstone Building, Youth Room)

PEARLAND

Pearland

Wednesday– 7:00pm

First UMC*, Pearland

2314 N. Grand Blvd., 77581

(Bethel Building, Room 200)

RICHMOND

Richmond

Tuesday– 7:00pm

First Baptist Church

502 South 5th Street, 77469

(Parlor Room)

RIVER OAKS

Adolescent Group

(Ages 13-17)

Thursday- 7:00pm

Central Houston

Must have prior approval

Call 713-600-1131

*1 hr group

Inner Loop Daytime

Tuesday– 11:00am

St. Luke's UMC*

3471 Westheimer, 77027

(EN208)

Inner Loop Evening

Thursday- 7:00pm

St. Luke's UMC*

3471 Westheimer, 77027

(Chapel Parlor)

River Oaks Saturday

Saturday - 10:00am

St. John the Divine Episcopal

2450 River Oaks Blvd, 77019

(L21)

Women's Daytime River Oaks

Friday- 12:00pm

St. John the Divine Episcopal

2450 River Oaks Blvd, 77019

(L21)

*Open to females only

SPRING

1960 Evening

Thursday- 7:30pm

Bammel Church of Christ

2700 Cypress Creek Pkwy, 77068

(Ministry Building)

SUGAR LAND

Sugar Land

Tuesday– 7:00pm

Christ Church Sugar Land

3300 Austin Pkwy, 77479

(Main Building, Room 204)

WESTCHASE

Westchase Daytime

Wednesday- 12:00pm

Tracy Gee Community Center

3599 Westcenter Dr., 77042

(Room 110-B)

THE WOODLANDS

The Woodlands

Christ Church United Methodist

6363 Research Forest Drive, 77381

The Woodlands Daytime

Tuesday-11:00 am

(Room S111/S112/S113)

The Woodlands Evening

Wednesday-7:00pm

(Room 105/107/108)



The groups listed directly below are not open to the public. These groups are only open to those who are currently being served by these organizations.

Academy of Choice
Covenant House Texas
David Crockett Middle School
Discovery Middle School
Empowerment High School
Hastings High School
Heights High School
Hodges Bend Middle School
Houston ISD DAEP
Lamar High School
Memorial High School
Milby High School
Northbrook Middle School
North Forest High School
North Shore Senior High
Sam Houston MSTC
Sanchez Charter School
Spring Branch ISD DAEP
Spring Oaks Middle School
The Gathering Place
The Women's Home
Waltrip High School
Washington High School
Westside High school
YES Prep Public Schools
(Northbrook, Southeast & White Oaks)

• UMC*= United Methodist Church

• All groups are 1.5 hours unless otherwise noted

• All groups are open to family and friends

Check remindsupport.org for the most up to date information or call the office at 713.600.1131 during business hours.

re:
MIND

DEPRESSION & BIPOLAR SUPPORT