LIST OF re:MIND SUPPORT GROUPS

Free Support groups open to the Public- Complete Group List (Revised 11/29/2018)

BARKER CYPRESS
Seniors
Monday- 11:00am
Thomas A. Glazier Senior Education Center
19600 Pine Forest Lane, 77084
* free senior center registration required

BRAESWOOD
Braeswood
Monday- 7:00pm
Jewish Family Service, 4131 S. Braeswood, 77025
(First Floor Conference Room) *buzz for entry at gate and door

BUNKER HILL
Pinay Point
Chapelwood UMC*
11140 Greenbay, 77024
Williams Bldg) Adult
Tuesday- 7:00pm (Rm 204)
Youth Adult
ages 18-30
Tuesday- 7:00pm (Rm 104)

CLEAR LAKE
Clear Lake
Webster Presbyterian Church
201 W. NASA Parkway, 77598
Adult
Thursday- 7:00pm
(Bouton Building Library)
Family and Friends
Thursday- 7:00pm
(Bouton Building Rm 101) *Focus on family and friends

COPPERFIELD
Copperfield
Monday- 7:00pm
West Houston Church of Christ
10100 West Rd., 77095
(Library)

CYPRESS
Cypress
Sunday- 6:00pm
Cypress Bible Church
1171 Cypress N. Houston, 77429, (Cabin B)

GALLERIA
Galleria
The Hope & Healing Center (GPS Location)
5025 Riverway Dr., 77056
Family and Friends
Tuesday- 6:00pm
(Room 104) *Focus on family and friends
Galleria
Wednesday- 7:00pm
(Room 104)

HEIGTHS
Heights
Thursday- 7:00pm
Resurrection Metropolitan Community Church
2525 W. 11th St., 77008
(Second Floor Worship Arts Room)

JERSEY VILLAGE
Northwest
Wednesday- 7:00pm
Foundry UMC*
8350 Jones Road, 77065
(Scout Bldg, Room 201)

KATY
Katy Adult
Tuesday- 7:00pm
St. Peters UMC*
20775 Kingsland Blvd, 77450
(Sanctuary Bldg, Rm S 209)

KINGWOOD
Kingwood
Monday- 7:00pm
Kingwood UMC*
1799 Woodland Hills Dr, 77339, (Bldg C, RM. E-208)

MEDICAL CENTER
Medical Center
Monday- 7:00pm
St. Luke’s Presbyterian
8915 Timberside Dr, 77025 (Rm 123)

MISSOURI CITY
Missouri City
Thursday- 7:00pm
First UMC*
3900 Lexington Blvd, 77459
(Chapel Parlor)

MONROE
LGBT
401 Branard St., 77006
1st floor
LGBT Evening
Monday- 7:00pm
(Room 112/113) *Must be LGBT friendly
LGBT Daytime
Thursday- 11:00am
(Room 113) *Must be LGBT friendly

MUSEUM DISTRICT
Museum District
Wednesday-7:00pm
P.E.E.R.S. for Hope House
5518 Jackson St. 77004
(Upsstairs Meeting Room) *free street parking

PASADENA
Pasadena
Wednesday- 7:00pm
Asbury UMC*
5354 Space Center Blvd. 77505, (Main Building, Room 2)

PEARLAND
Pearland
Wednesday- 7:00pm
First UMC*, Pearland
2314 N. Grand Blvd., 77581
(Bethel Building, Room 200)

PEARL RIVER
Pearl River
Wednesday- 7:00pm
First Baptist Church
502 South 5th Street, 77469
(Ptator Room)

RIVER OAKS
Adolescent Group
ages 13-17
Thursday- 7:00pm
Central Houston
Must have prior approval
Call 713-600-1131. 
*1 hr group

SUGAR LAND
Sugar Land
Tuesday- 7:00pm
Christ Church Sugar Land
3300 Austin Pkwy, 77479
(Family Life Ctr, RM 312)

WESTCHASE
Westchase Daytime
Wednesday-12:00pm
Tracy Gee Community Center
3599 Westcenter Dr., 77042
(Room 110-B)

THE WOODLANDS
The Woodlands
Church United Methodist
6363 Research Forest Drive, 77381
The Woodlands Daytime
Tuesday-11:00 am
(Rm 5112)
The Woodlands Evening
Tuesday-7:30pm
(List of Support Groups
Check remind support.org for the most up to date information
or call the office at 713.600.1131 during business hours

The groups listed directly below are not open to the public. These
groups are only open to those who are currently being served by these
organizations.
Academy of Choice
Booker T. Washington High School
Covenant House Texas
Cullen Middle School
The Gathering Place
Hastings High School
The Woodlands
Heights High School
Houston ISD EAP
Key Middle School
Lamar High School
Memorial High School
Milby High School
Northbrook Middle School
Sam Houston MSTC
Sanchez Charter School
Spring Branch ISD DAEP High School
Spring Branch ISD DAEP Middle School
Spring Oaks Middle School
The Women’s Home
Waltrip High School
Yes Prep – Northbrook High School

• UMC* = United Methodist Church
• All groups are 1.5 hours unless other-
wise noted
• All groups are open to family and friends

The UMC* = United Methodist Church